



Q2 2011

## Welcome to GRRINnews online!

Golden Retriever Rescue in Nebraska will be providing you with the most important GRRIN updates via email, so that we may focus our resources on helping more goldens. We'll be here every quarter to bring you events, important issues and of course, some fun!

The golden retriever above is Scooby, a GRRIN hotline volunteer, Rhonda Heineman's dog. While Scooby was sleeping over at Rhonda's niece Allie Pfannenstiel's house, she put Scooby in these glasses and grabbed this shot!

---

## Lilly's Story

Lilly was adopted through Golden Retriever Rescue in Nebraska just 2 years ago, but due to health reasons was surrendered back to GRRIN. After a vet evaluation, GRRIN learned that Lilly had completely severed her ACL, leaving surgery her only option for recovery.



On April 5th, Lilly had a tibial plateau leveling osteotomy (TPLO) where a portion of the shin bone was cut, moved and reattached with plates and screws. Lilly's foster family has helped her through rehabilitation for the past few weeks, and has seen Lilly's personality shine through this difficult time.

[Read more of Lilly's recovery](#)

## GRRIN Store Opening July 4th!



New products & new inventory!  
Shirts start at just \$14, some  
smaller items from less than \$5 - it  
only takes a little to help a lot!

### GRRIN Items Available:

- T-shirts & polos
- Fleece jackets
- Ball caps
- Travel water bowl
- Mugs & water bottles
- Car magnets & decals
- And more!

### Pricing:

- Online purchase at item price plus \$12 shipping & handling.
- Shop GRRIN merchandise at events & no charge for shipping & handling.
- **GRRIN members can purchase merchandise at events and receive a 10% discount**, with no shipping & handling charges.

## Upcoming Events

Meet and greet Golden Retrievers at these upcoming events:

- July 9: Three Dog Bakery
- July 16: [Outdoor Market](#) at Midtown Crossing
- July 17: Purina [Rally to Rescue](#) Tour 2011

Visit our [events page](#) online for more info!

### Save the Date!

**GRRIN's annual Gold Rush will be held on October 2nd** - more details coming soon!

## What Do You Want to See?

As an online newsletter, GRRINnews will cater to your likes - what interests you, what do you want to see in the newsletter and what motivates you to get involved with rescuing your favorite k-9's?

Email your suggestions to  
[newsletter@grrin.org](mailto:newsletter@grrin.org)

*Pet a dog where he can't scratch  
and he'll always be your friend.  
- Orville Mars*

[GRRIN Home](#) | [Upcoming Events](#) | [Donate](#) | [Facebook](#) | [GRRINnews](#)

Founded in 1991, GRRIN is a 501(c)(3) all-volunteer organization. We shelter, rehabilitate and find new homes for Golden Retrievers in distress, provide public education about responsible dog ownership and provide a forum for Golden Retriever fanciers to meet.

## Lilly's Recovery



For the first 8 weeks following her surgery, Lilly's activity was restricted both inside and out.

About 2 weeks after her surgery, when her pain was adequately managed and she learned to navigate on 3 legs, Lilly made it clear that she'd love to be more active and spend more time outside than she was allowed.

At Lilly's 2 month post-op exam, her leg x-rays found she was healing well so from then Lilly was allowed to gradually increase her activity. Lilly is enjoying her neighborhood walks, going about 4 blocks with lots of stopping to enjoy the scenery. She's admiring everything golden retrievers love - birds, squirrels, kids playing, flags flapping, the breeze in her face and the smells that only dogs can detect.

Lilly will be able to slowly return to off leash activity following the July 4th holiday. Once Lilly's rehabilitation is complete, she should not have any limitations in her activity!

### So, What Caused Lilly's Injury?

Like too many dogs, 6-year old Lilly was substantially overweight. The added stress on her knee likely caused her ACL to tear. She is at risk of re-injuring the same knee or the opposite due to the extra weight placed on it during recovery.

As Lilly recovers, it will be critical - as it is with all dogs - to have regular exercise, provide structured meals (no free feeding), and given low-calorie treats.



To learn more about ACL injury & treatment, [visit this website](#).

**Lilly has an exciting future ahead - watch for her on our [Happy Endings](#) page!**